

Bouncing bombs

A game working on a couple of aspects of the game, foremost being scoring and catching.

Set up posts in the middle of a large coned off circle with two teams either side of a line of cones.

Player with the ball has ten sec-

onds to shoot for a point. If they send the ball over the bar and it bounces inside the circle, that player's side gets a point.

If the ball is caught before it bounces, or the ball lands outside circle, the point goes to the other team.

If the ball is caught, then the player who caught it tries to shoot for a score.

If it isn't caught the person nearest to where it bounces tries to shoot for a score.

First team to five points win.

