Green flag overload

A drill to encourage attackers to continue their run after giving off a pass close to goals.

The ball starts with the supporting attacker. They give a hand pass off to their attacking partner who races in on goal with a defender in pursuit to provide token pressure.

The supporting attacker makes an arcing run towards the far post.

The attacker with the ball draws the keeper before flicking off to the supporting attacker who simply palms to the net, or, if more appropriate, catches the ball and slips it into the empty net.

Players clear out and the next trio come in. Switch sides after a few phases, so players get experience of a different angle of attack.

BALL PLAYER

