

Points for poles

A fun game to help develop strong and accurate punt kicking.

Set up a line of poles fairly close together. Then set up two lines of cones either side of the poles within reasonable punt passing distance of the poles.

Pick two teams and line them out behind the cones and facing each

other on either side of the line of poles.

Every player starts with a ball. Every team should also have a good supply of spare balls.

On the coach's whistle all player commence kicking at the poles and attempting to knock them over. When a player knocks over a pole,

their team gets a point.

Players can't cross the line of cones. Coaches can help with collecting the balls and feeding them to the kickers. Reuse the balls kicked across from the other side.

Run drill for two minutes. The team with the most points at that stage is the winner.

